

# Teen Arrival

Youth's name \_\_\_\_\_ Date of placement \_\_\_\_\_ Age / grade \_\_\_\_\_

## 1 To purchase or have on hand

*Their space, their dignity, their choices where possible.*

### PERSONAL SPACE

- Bed, fresh sheets, two pillow options
- Lock or sign for bedroom door if comfort requires
- Empty drawers, hangers, and closet space
- Desk or table surface for school work / journaling

### HYGIENE & CARE (SEALED, UNOPENED)

- Toothbrush, toothpaste, deodorant
- Body wash, shampoo, conditioner (let them pick when possible)
- Menstrual products, if applicable, in multiple types
- Razor / shaving supplies, if applicable
- Acne wash, lotion, hair care for their hair type

### CLOTHING & IDENTITY

- Sweats / loungewear, pajamas, socks, underwear (new)
- Gift card for first round of clothes they pick themselves
- Weather-appropriate outerwear

### TECH, TRANSPORT, FOOD

- Phone charger for common phone types
- Wi-Fi password written somewhere visible
- Bus pass / transit info if relevant
- Snacks they don't have to ask for

## 2 To do

*Conversations and logistics – pace based on the teen.*

- Walk through the house together; show them where everything is, including the fridge and snack shelf.
- Discuss privacy expectations – both directions. Knock before entering. Their room is their space.
- Discuss phone, Wi-Fi, and screen-time expectations. Agree on a starting point; revisit in a week.
- Map out transportation: how do they get to school, work, activities, friends, family visits?
- Ask about employment, school schedule, extracurriculars; build a shared calendar.
- Identify approved contacts they want to stay in touch with – friends, mentors, biological family.
- Confirm IEP / 504 plan, current grades, and any disciplinary status with the school.
- Schedule baseline medical, dental, and mental-health visits.
- Discuss medications openly – who administers, where they're stored, what each one is for.
- For older teens: begin independent-living conversations (ID, bank account, driver's permit, transition plan).