

New Baby Arrival

Child's name _____ Date of placement _____ Age on arrival _____

1 To purchase or have on hand

Get the basics ready before pickup if possible.

FEEDING

- Bottles (4-6) and nipple sizes for age
- Formula
 - ask agency / hospital which brand the child is currently using
- Bottle brush & drying rack
- Burp cloths (6+) and bibs
- Pacifiers (2-3, age-appropriate)
- If 6 mo+: bowls, soft spoons, sippy cup

DIAPERING

- Diapers (current size + the next size up)
- Unscented wipes
- Diaper cream
- Changing pad & spare covers

SAFE SLEEP

- Bassinet, crib, or pack-and-play
 - firm mattress, fitted sheet, nothing else inside
- 2-3 sleep sacks or swaddles (age-appropriate)
- Sound machine (optional)

CLOTHING & CARE

- Onesies / sleepers in current & next size (7+)
- Weather-appropriate outerwear
- Baby bathtub, gentle wash, soft towels
- Infant Tylenol & thermometer

TRAVEL & GEAR

- Rear-facing car seat – installed and inspected
- Stroller or carrier
- Diaper bag stocked for outings

2 To do

In the first 24-72 hours.

- Verify safe-sleep setup against AAP guidelines (back to sleep, empty crib).
- Confirm car-seat install – fire station or CPST inspection if available.
- Schedule pediatric baseline appointment (typically required within 72 hours to 30 days).
- Initiate WIC paperwork; bring placement letter & child's ID.
- Note feeding schedule, formula type, last bottle time from prior caregiver.
- Note known allergies, medications, recent illnesses on the emergency-contacts sheet.
- Photograph child on arrival for the case record (placement-day photo).
- Set quiet, low-stim environment for the first 24 hours – minimal visitors.
- Begin daily log: feeds, wet diapers, sleep, mood.

Notes

Anything you'll want to remember or ask the caseworker.
